



## SPORTS DAY CELEBRATION 2016-17

**Date: 28<sup>th</sup> January, 2017**

“All work and no play makes Jack a dull boy”. This proverb highlights the importance of playful activities in our life. In every educational institute, one of the most exciting activities is the Sports Day. LJ MCA is quite famous for its campus and sports related activities. The institute emphasises not only on academic brilliance, but also to indulge success from all aspects. Thus a Sports day was organized on 28<sup>th</sup> January, 2017 for all the students of LJ MCA.



The event was commenced at 10 A.M. on the scheduled day. Following Sports were a part of the event:

- Volleyball
- Kabaddi
- Slow bike
- Slow active
- Lemon & Spoon
- Tug of War
- Table Tennis
- Chess



In total 350 students participated in different sports. This is really a huge participation for such a physical event and is appreciable. All the participants participated enthusiastically and played with full spirit of sportsmanship.



The Institute was able to celebrate the event with the co-ordination of the faculty members and the student coordinators too.



The winners were awarded by medals and certificates by the Institute. The event rejuvenated and aggrandized the students' enthusiasm towards the academics once again.



The conclusion of the event clearly signifies the famous saying, “Winners win, winners lose, but winners play”. Thus utmost importance must be given to the participation but not on the result.

### **Co-curricular & Extracurricular Committee**