

## **L. J. Institute of Applied Sciences**

### **Innovative Food Festival**

**February 2017**

LJIAS has participated in the Innovation Village at L J Campus held in February 2017.

Considering the fact that best mode of Innovation which can direct and help any individual in day to day activities is healthy and nutritious food preparations.

Dept of Microbiology, LJIAS has rightly identified the fact and conceptualized and coordinated the entire Food Festival project with more than 28 Innovative food preparations presented as well as students were also provided an opportunity to taste and know about nutritious facts.

Student visiting Innovative Food stalls were also provided knowledge regarding the food preparations displayed and health benefits associated.

Microbiology dept. initiated the concept of food festival amongst students of both A & B group. Surprisingly, more than 60 innovative food preparations were submitted by students. Out of which total of 28 food preparations were selected for the Innovative Food Festival.

Food preparations were selected based on following criteria:

Nutritious value

Health factor

Cost (affordable)

Time of preparation

Thought process behind the preparation (detailing)

Presentation Skills

Students got a very good exposure and Innovation encouragement along with entrepreneurship approach towards one of the most acknowledged field.



**L J INNOVATION VILLAGE**  
8th FEBRUARY 2017  
"INNOVATION IN FOOD PREPARATIONS"  
Participated by L J INSTITUTE OF APPLIED SCIENCES  
Co Ordinated by Department of Microbiology

**MENU CARD**

STALL NO.1	
SNACK	PRICE
(1) L J nu Sub (Cucumber, Onion, Cucumber, Tomato)	20/-
(2) Beet Idli (Cauli, Thick yogurt, Beet root, ginger)	20/-
(3) Maxican Spheres (Soybean, Mexican Sausage, Cauli, Tomato)	20/-
(4) Oats Rawa Idli (Banana, Yoghurt, Curries, Carrot, Mustard seeds)	20/-
(5) Mix. Veg. Tikki (Carrot, Spinach, Cauliflower, Yeast)	20/-

STALL NO.2	
STARTERS	PRICE
Veg. Sizzler (Mushroom, Onion, Sweet potatoes)	20/-
Veg. Lollipop (Veggie, Yeast, Green grapes, Kiwi, Strawberry)	20/-

STALL NO.3	
DESSERT	PRICE
Bachlor Brownie (Bachlor, Cocoa, Milk, Egg, Butter)	20/-
Choco Rush (Chocolate, Dates, Sugar, Cocoa, Almond)	20/-
Bittergaard's Halwa (Bittergaard, Dates, Sugar, Almond)	20/-
Apple Pie (Apple, Milk, Sugar, Butter)	20/-
Arabic Chat (Mint, Lemon, Tomato, Onion)	20/-
Maggenta Malwa (Maggenta, Milk, Sugar)	20/-
Maggenta Halwa (Maggenta, Milk, Sugar)	20/-
Nutrition Bar (Dates, Almond, Peanut, Coconut, Orange, Raisins, Walnuts, Sesame)	20/-

STALL NO.1	
SOUP/JUICE/SMOOTHY	PRICE
(1) Veggie Oats Shower (Veggie, Oats, French Beans, Carrot, Coriander, Milk)	10/-
(2) Bee Skyr (Yoghurt, Milk, Sugar, Yogurt)	20/-
(3) Milky Mischief (Cauliflower, Banana, Beet, Dark Chocolate, Salt)	20/-
(4) Red Valentine (Carrot, Beet root, Orange, Mango, Orange)	20/-
(4) Soya Choco Drama (Soya, Chocolate, Beet seed, Vanilla essence)	20/-
(5) Mojito (Lemon, Mint, Sugar, Soda, Lime)	20/-
(6) Spring Pepino Rababi (Beet, Strawberry, Cucumber, Lemon)	20/-
(7) Prickle Pear (Apple, Yeast, Green grapes)	10/-
(8) Mystery Drink (Black grapes, Green grapes, Kiwi, Strawberry)	20/-

STALL NO.2	
MAIN COURSE	PRICE
Healthy Wealthy Rice (Rice, Beans, Green peas)	10/-
Bhaji Paratha (Gram, Potato, Peas, Green peas)	20/-
Veg. Kodri Rice (Rice, Beans, Peas)	20/-
Chappi Bhaji (Rice, Green peas)	20/-

